

Uaia!

MyCAF Profile

MyCAF Profile: Confidence

Your top 3 attributes are:

- Resilience
- Proactivity
- Agility

MyCAF Profile: Relevance

Your top 3 attributes are:

- Communication
- Proactivity
- Storytelling

MyCAF Profile: Reflection

Your reflective statement:

I chose Resilience, Proactivity, and Agility as the Creative Attributes I feel most confident about because these are the qualities I've been developing through both my personal and internship experiences. Through my Fine Art course, I believe I've developed strong problem-solving skills. These experiences have required flexibility and a positive attitude toward challenges, and I believe they have helped me build an adaptive and resilient mindset.

As for the attributes I find most relevant to my creative practice, I ranked Communication, Proactivity, and Storytelling. I believe these are essential for connecting ideas with people, as well as for customer service in my internship, although I still find them challenging at times. In collaborative projects, clear communication helps me share my thoughts effectively and understand others' perspectives. Storytelling, in particular, allows me to express complex ideas and emotions through visual and conceptual forms, which I see as a key aspect of my artistic identity.

Where do I want to be?

Creative Attribute 1

I think improving my communication skills will also strengthen my storytelling ability. My lack of confidence mainly comes from my limited English vocabulary, but honestly, if I don't try to speak with people more, it will never improve, which in turn makes me even less confident. So, during my internship, I hope to keep an open mind and try not to be afraid to talk with customers.

Creative Attribute 2

During my internship, I've tried to be proactive by taking responsibility for organizing materials and occasionally offering suggestions. Staying proactive helps me build self-efficacy. I've also realised that if I don't have confidence in my skills, it's difficult to work comfortably, and the quality of my work may not be at its best.

Creative Attribute 3

I believe Resilience and Agility are the strongest attributes I have, and I hope to apply these strengths to the areas where I lack confidence. Since English is my second language, I've had to develop the ability to adapt quickly and keep going without giving up. These qualities help me overcome challenges and find alternative ways to communicate or solve problems.

Revisit anytime:

[MyCAF Report.](#)